

Relax, take a deep breath inside your nose... hold it in.. exhale through your mouth.

Again.

Clear away your thoughts, your feelings and your body. Focus on just being.

You have the power within you to create the life you want to have.

This time is for you to relax, create, visualize and attract that life you want.

Another deep breath.. Breathe in... breath out...

I am here for a purpose and that purpose is to grow into a mountain, not to shrink to a grain of sand. Henceforth I will apply ALL my efforts to become the highest mountain of all and I will strain my potential until it cries for mercy.

My mission is to inspire and empower the willing to lives of vision, action, persistence, accomplishment, wealth and charity through a never ending quest for the discovery and application of truth.

By the first day of ( \_\_\_\_\_ ) 201\_\_\_\_, I will have in my possession \$ \_\_\_\_\_ monthly residual income which will come to me in various amounts from time to time during the interim.

In exchange for this money I will give the most efficient service of which I am capable, rendering the fullest possible quantity and best possible quality of service in the capacity of ( \_\_\_\_\_ ).

I believe that I will have this money in my possession. My faith is so strong that I can now see this money before my eyes. I can touch it with my hands. It is now awaiting transfer to me at the time and in the proportion that I deliver the service I intend to render for it. I am awaiting a plan by which to accumulate this money, and I will follow that plan, when it is received.

**First.** I know that I have the ability to achieve the object of my Definite Purpose in life, therefore, I DEMAND of myself persistent, continuous action toward its attainment, and I here and now promise to render such action.

**Second.** I realize the dominating thoughts of my mind will eventually reproduce themselves in outward, physical action, and gradually transform themselves into physical reality, therefore, I will concentrate my thoughts for thirty minutes daily, upon the task of thinking of the person I intend to become, thereby creating in my mind a clear mental picture of that person.

**Third.** I know through the principle of auto-suggestion, any desire that I persistently hold in my mind will eventually seek expression through some practical means of attaining the object back of it, therefore, I will devote ten minutes daily to demanding of myself the development of SELF-CONFIDENCE.

**Fourth.** I have clearly written down a description of my DEFINITE CHIEF AIM in life, and I will never stop trying, until I shall have developed sufficient self-confidence for its attainment.

**Fifth.** I fully realize that no wealth or position can long endure, unless built upon truth and justice, therefore, I will engage in no transaction which does not benefit all whom it affects. I will succeed by attracting to myself the forces I wish to use, and the cooperation of other people. I will induce others to serve me, because of my willingness to serve others. I will eliminate hatred, envy, jealousy, selfishness, and cynicism, by developing love for all humanity, because I know that a negative attitude toward others can never bring me success. I will cause others to believe in me, because I will believe in them, and in myself.

I will sign my name to this formula, commit it to memory, and repeat it aloud once a day, with full FAITH that it will gradually influence my THOUGHTS and ACTIONS so that I will become a self-reliant, and successful person.

I am so happy, I now see myself with vibrant health and abundant energy. I have all the time in the world to go where I want to go and do the things I want to do. I am truly free to co-create my own life with God. I have a joyous family and we love investing our time traveling, serving and learning together. I have rich, rewarding relationships with people of substance. My life is full of wealth and this comes easy because money is attracted to people who do things in a certain way and I am committed to doing those things in that certain way. We live in our dream home. Life is so wonderful.

Money is my *servant* and NOT my master.

Money comes easily to me.

I make decisions fast and swiftly move forward.

I exercise daily.

I have the ability to tell great stories that entertain and educate.

I tell people what to do in my coaching because I know how to help them get what they want.

I train myself mentally each day.

I meditate and visualize each day.

I love people and people love me.

I am not superior, I am not inferior... I am just me...

I am a child of God look forward to a divine destiny.

I am getting along with whatever amount of wealth I'm able to accumulate without worry.

I do not worry about what other people think, do or say.

I accept age as a great blessing that brings with it wisdom, self-control and understanding not known to youth.

I accept each and every event that happens in my life as an experience that God has given me for my own benefit.

*THERE is a thinking stuff from which all things are made, and which, in its original state, permeates, penetrates, and fills the interspaces of the universe.*

*A thought in this substance produces the thing that is imaged by the thought.*

*Man can form things in his thought, and by impressing his thought upon formless substance can cause the thing he thinks about to be created.*

*In order to do this, man must pass from the competitive to the creative mind; otherwise he cannot be in harmony with the Formless Intelligence, which is always creative and never competitive in spirit.*

*Man may come into full harmony with the Formless Substance by entertaining a lively and sincere gratitude for the blessings it bestows upon him. Gratitude unifies the mind of man with the intelligence of Substance, so that man's thoughts are received by the Formless. Man can remain upon the creative plane only by uniting himself with the Formless Intelligence through a deep and continuous feeling of gratitude .*

*Man must form a clear and definite mental image of the things he wishes to have, to do, or to become; and he must hold this mental image in his thoughts, while being deeply grateful to the Supreme that all his desires are granted to him. The man who wishes to get rich must spend his leisure hours in contemplating his Vision, and in earnest thanksgiving that the reality is being given to him. Too much stress cannot be laid on the importance of frequent contemplation of the mental image, coupled with unwavering faith and devout gratitude. This is the process by which the impression is given to the Formless, and the creative forces set in motion.*

*The creative energy works through the established channels of natural growth, and of the industrial and social order. All that is included in his mental image will surely be brought to the man who follows the instructions given above, and whose faith does not waver. What he wants will come to him through the ways of established trade and commerce.*

*In order to receive his own when it shall come to him, man must be active; and this activity can only consist in more than filling his present place. He must keep in mind the Purpose to get rich through the realization of his mental image. And he must do, every day, all that can be done that day, taking care to do each act in a successful manner. He must give to every man a use value in excess of the cash value he receives, so that each transaction makes for more life; and he must so hold the Advancing Thought that the impression of increase will be communicated to all with whom he comes in contact.*

*The men and women who practice the foregoing instructions will certainly get rich; and the riches they receive will be in exact proportion to the definiteness of their vision, the fixity of their purpose, the steadiness of their faith, and the depth of their gratitude.*

